



Vision

To grow, challenge and inspire young people in our community

Mission

Thames Gymsports provides an enjoyable and challenging programme of recreational gym sports activities in an open and welcoming environment

Values

Inclusive

Give it a go

- Everyone can participate
- Be safe and feel safe
- Be welcoming
- Embrace the positive
- Be engaged, join in

Supportive

Be a Good Sport

- Be a positive role model
- Co-operate
- Communicate openly
- Play fair
- Show self control

Inspiring

Challenge Yourself

- Take opportunities
- Set realistic and achievable goals
- Try something new
- Push yourself
- Provide pathways to extend
 - Gymnast
 - Coaches
 - Judges