

# Weekly Session Options - 2025

All classes are open to boys and girls

Age	Description		Day- Start Time	Duration	Fee
1-3	<b>Teeny Tiny Gymnasts</b> - Children participate with parents being emersed in the fun, learning the basic foundation movement skills. Activities focus on 1-3yr olds		Thur 9:45am	45 Min	\$100
3-4	<b>Tiny Gymnasts</b> - Pre-schoolers attend with parents being emersed in the fun, learning the basic foundation movement skills. Fun focused activities and challenges - rolling, jumping, climbing and balancing.		Thur - 11am	45 Min	\$100
5-7	<b>Gymfun</b> - Introducing and developing foundation movement skills. Suitable for beginners and those young gymnasts that are a bit more advanced. Grouped within the class by skill level, working towards GymFun awards 1 to 4.		Mon - 4pm	1 Hr	\$130
			Thu - 4pm	1 Hr	\$130
8-12	<b>GFA Recreational</b> - Building on foundation movement skills. Suitable for beginners and those more advanced. Grouped within the class by skill level, working towards Incentive Awards 1 to 7 along with tasters of tumbling and team displays. Monday, Thursday & Friday options available. For those with advanced skills Extension class options are available, please contact us for more info. <i>NB Incentive testing is done in term 2.</i>		Mon - 5pm	1 ½ Hrs	\$190
			Thu - 5pm	1 ½ Hrs	\$190
			Fri - 4:15pm	1.½ Hrs	\$190
		Ext L1-3	Tue - 4pm	1 ½ Hrs	\$190
		Ext L4+	Tue - 5.30	2 Hrs	\$210
13-18	<b>GFA - Teen</b> - Building on foundation movement skills. Suitable for beginners and those more advanced. With strength and flexibility at the start of each class, gymnasts are then encouraged and supported in setting and working towards achieving personal goals. Goals can include but are not limited to: Incentive awards 1-7 along, tumbling and team displays. Extension options also available Tuesday - please contact us.		Thu - 6:30pm	1 Hr	\$130
		Ext L1-3	Tue - 4pm	1 ½ Hrs	\$190
		Ext L4+	Tue - 5.30pm	2 Hrs	\$210