

Thames Gymsports **Annual Report**

For the year end December 2024

Presented at the Annual General Meeting
13 April 2025

Chairpersons Report

As my youngest daughter is reaching an age where she will soon leave school (and Thames), it is likely my personal time with Thames Gympsot in the role of Chairperson will come to an end. My time with the club has been very rewarding - watching kids, coaches and the club as a whole, achieve goals, and meet the challenges life throws at us. On reflection, over 10 years I have seen the club go from a group of like minded individuals supporting their kids to do some gymnastics on a Thursday afternoon... to a fully equipped facility offering a stable and sustainable programme of gymnastics. Our club has matured and professionalised to meet the reality of today's recreational sporting requirements, but without losing our heart and connection with the community. Our gymnasts -with their enthusiasm and willingness to learn, our parents taking time to transport and support their kids (and pay!) and our committee members volunteering their time and energy all work together to make the club possible.

Significant Achievements

We set some goals last year to update our Constitution and to recruit some new committee members. We achieved both of these goals. Right at the end of last year we held a Special General Meeting prior to our end of year display. We had a great turn out, and those present voted unanimously to adopt an updated and compliant Constitution. This is an important step for the club to keep operating and it provides a solid foundation for us to administer the club professionally.

We were very fortunate to welcome Amy and Debbie to our Committee, their fresh eyes and enthusiasm has already made an impact. We also have the good fortune of a new volunteer coach for a Friday class - Lucy - welcome aboard.

Within our facility, we have continued our equipment replacement programme, receiving a new Double Mini-tramp as well as gaining funding to replace our aging Beams (with new ones arriving any day).

Our gymnasts and our wider community have been treated to local club competitions and displays that provide something to aim for and work towards. Our recreational competition groups continue to have success in regional competitions, and for the third year in a row, competed at the national Recreational Gym Clubs competition held in Palmerston North. The 5 that went to this competition performed out of their skin again this year - gaining 'Top Club' in Rhythmic, Aerodance, Parkour and for the third consecutive year the Top Club in Tumbling. The stand out thing for me about these results was that it highlighted our club value 'Give it a Go'. Despite our club not having an Aerodance, Rhythmic or Parkour programme, the gymnasts entered these events and their all around fitness and

skill along with their persistence and imagination to research and make up routines, paid dividends. Our small club offers this sort of flexibility and opportunity that larger clubs find it difficult to emulate.

Challenges

A never ending issue for us, and other clubs, is financial sustainability. Despite fairly large fee increases in the last year, we do continue to be reliant on funding grants to operate. We also have the administrative burden associated with having prudent book-keeping and accountability processes. This year we have tightened up on some of these processes, in line with the expectations of funders and our obligations as an Incorporated Society.

While we managed to keep the club going for a couple of years without a paid position, this has been a considerable strain on a small number of people which was unsustainable. The club were very grateful to receive a funding grant from Lion Foundation that has allowed us to once again, pay a staff member a set number of hours a week to do club administration and management. We are also grateful that the talented and dedicated Natasha has agreed to take on that role.

As noted above, the other perennial challenge is recruiting and retaining volunteers to assist with governance and coaching. The team we have is working well and is sufficient to keep the club running, but we are always open to further offers of support.

Our Future

The demand in our area, and the direction of recreation and play, is less about structure and competition and more about fun activities for kids. As an indoor venue, with lots of equipment and a 'can do' attitude, we believe we're well placed to provide this kind of service to our Thames-Coromandel and Hauraki communities. Just like gymnastics - our club aims to be strong, whilst also providing balance and flexibility.

[Andrea Johnston](#)

Treasurer Report

Our Money...

Funding, Fundraising & Sponsorship

2024 saw minimal success with funding. Funders have been more inclined to fund equipment rather than operating expenses. A big thank you to Pub Charity for supporting us in acquiring new equipment & Grassroots for Operational expenses.

Fundraising efforts were at a minimum in 2024. Funds were raised through events such as our Junior GFA & in-house Club competitions in term 2.

Coromandel Bait continues to support our club with Signage on the Kopu Bridge side of our building which we are ever so grateful for.

Grant Funding

a. GF240919-787C Pub Charity	3 x new Beams	\$ 11,800.00
b. GF231119-9498 Pub Charity	Double mini tramp	\$ 7,825.00
c. GF240901-9442 Grassroots	Operating Costs	\$ 5,000.00

Donations/Sponsorship

Coromandel Bait	\$2,500.00 (paid early 2024)
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Cash Summary

For the year ended 31st December 2024

Income

Accounts Receivable	16.50
Events	5,119.56
GNZ Club Challenge Event	2347.85
Term Fees	61,243.21
Fundraising	0.00
Grants/Funding	24,563.93
Gym Hire	1,308.68
Merchandise	(500.42)
Sponsorship/Donations	3,240.00
Interest Received	438.30
Total Income	97,777.61

Operating Expenses

ACC Workplace cover	82.13
Admin Subscriptions	2,030.48
Insurance	2,749.83
GNZ Affiliation	4,869.42
Withholding Tax Paid	122.73
Electricity	1,778.84
Rates	2,088.95
Rent	36,500.04
Wifi/internet	1,254.00
Equipment purchase	19,645.87
Cleaning	737.77
Training and Development	66.85
Wages	23,357.92

Event Costs	4,815.30
GymFun/Incentives	110.17
Gym Hire Costs	173.91
General Expenses	192.26
Repairs & Maintenance	434.78
Kiwisaver Contributions	59.23
Rounding	(11.49)
PAYE (payable)	(3157.53)
Total Expenses	97,901.46
Surplus/(Deficit)	(123.73)

Plus Tax movements

GST Collected	12,978.10
GST Paid	(13,936.80)
Net Tax Movements	(958.70)
Net Cash Movement	(1,082.55)

Summary

Opening Balance	17,235.33
Plus net cash movements	(1,082.55)
Cash Balance	16,152.78

Summary

- Term 2 saw an increase in fees for the first time since 2021. We continue to be one of the more affordable clubs in the region.
- Minimum wage rates increased from \$22.70 to \$23.15
- Equipment, training & development expenses are reliant on grant funding.
- Fundraising is an area to look for improvement with a focus on the billboards & signage sponsorship.
- Accounts receivable is steady. Debt recovery at a minimum - 3 members.

High overheads continue to put financial strain on our club. It is advised to explore all revenue options including multi-year grants for rent &/ or wages. A more detailed budget is required for the club moving forward. As are tighter policies & procedures to safeguard the club.

Natasha Noble



Club Management Report

Our People...

Enrolled Gymnasts

	Term 1	Term 2	Term 3	Term 4
Pre-school	14	12	13	18
GymFun Monday 5-7yr	24	26	13	16
GymFun Thursday 5-7yr	26	23	22	20
GFA Recreational Monday 8-12yr	27	25	25	27
GFA Recreational Thursday 8-12yr	26	26	30	27
High School	11	8	6	7
Comp kids	14	12	15	9
Total Enrolled	142	132	124	124

Term Fees

Pre-School	\$80	1.5hr class	\$190
1 hour class	\$130	2hr Extn class	\$210

Coaches

Adult	3
XTND	6

Staff Training

Xtnd Training complete	Isabella Maclaurin / Maddison Fowlie
Xtnd Training - In progress	Ellie Johnston
Foundation Coach complete	Natasha Noble
Elementary Coach - in progress	Natasha Noble
Sports Coaching Level 3 in progress	Teigan Lange

Staff - other

Admin & Finance Michelle Lange (up until May 2024) / Natasha Noble (Volunteer)

Cleaning Mel van Houette

Office Holders and

Elected Staff

Key Holders

Chairperson

Andrea Johnson

Andrea Johnson

Admin/Finance Lead

Michelle Lange

Michelle Lange

Programme Delivery Lead

Natasha Noble

Natasha Noble

Asset/Building/Equip Lead

Vacant - Andrea temp

Janet Miscshewski

Committee

Janet Miscshewski - current

Rosie Thompson

Debbie Roath - current

Trif Sitnikoff

Amy Bustard - current

Paige Aitchison - resigned

Shannon Stratford - resigned

Caitlin Taipari - resigned

Clare Shortt - resigned

Our Programme...

Pre-school

Teeny Tiny gymnasts 0-3yrs

Tiny gymnasts 3 & 4yr olds

Thursday

9:45am - 10:30am

Thursday

11:00am - 11:45am

Preschool - sessions continue to run successfully by Janet Miscshewski along with parents inclusive movement and play. A second preschool class was created to allow more suitable sessions for older toddlers, this has been well received and attended, well done Janet.

GymFun 5-7yrs

Monday

4 - 5pm

Thursday

4 - 5pm

GFA 8 - 12yrs

Monday

5 - 6:30pm

Thursday

5 - 6pm

Friday

4 - 5:30pm

Foundation GymFun & GFA classes - Class planning has been streamlined to provide a more stable and structured program. FMP and the basics of gymnastics are incorporated at all levels and across

all sessions. This also allows athletes, coaches & parents to adjust schedules with minimum disruption. The introduction of a Friday afternoon class with volunteer coaching is gradually gaining momentum.

GFA Teens 12yrs +

Thursday 6 - 7:30pm

Foundation Teen class - Predominantly 'Extension' additional class with the addition of 1 or 2 non competing athletes - how can we promote this?

Extension/Rec Comp classes

Tuesday Jnrs 4 - 5:30pm Tuesday Snrs 5:30 - 7:30pm

TOP CLUB Tumbling for the 3rd consecutive year at the NZ Gym Club Challenge.

Attended 7 competitions around the Waikato & Auckland regions.

Thames Gymsports events

Primary Schools Gym Festival End of year celebrations / prize giving
Jnr GFA Competition - Level 1-3 APP
In house club competition

In summary, our program continues to run well with a focus on ongoing refinement and improvement. Overall, members and their families are pleased with the service & facility provided by Thames Gymsports. There is ample opportunity for the Club & program to grow with two weekdays and weekends available on the timetable. Coach training has been well received by our team with mention of great content being provided by Gymnastics NZ. Coach retention & future employment is of concern and succession planning should be a top priority heading into the new year.

Head Coaches report

2024 was another very busy one for our coaches. The Teen Coaches were their impressive selves, with all Gymnasts who sat their Incentive or Gym Fun award passing. This is mainly down to the determination of these coaches.

I was booked for a Pre School update course on November that I did not attend due to injury, the information was emailed to me with attachments to several brilliant sites to follow. I have used these sites to improve and update Thursdays Pre School classes.

The class was again divided into two groups and they were full and running well in the last term.

Janet Mischewski

Health & Safety

Is always a top priority for our club and its members. We have seen our adult coaches, XTND coaches and volunteers complete Child Protection & Safeguarding modules. We have met compliance for the coming 2025 year. Review of H&S policies is due in the coming year.

Prizegiving 2024

Certificate Winners

Spirit of Gymnastics

Monday GymFun – Amelia Kennedy
Thursday GymFun - Naomi Basson
Monday GFA Rec - Hannah Urwin
Thursday GFA Rec - Ebba Floer-nygaard

Teen Class - Raven Godfrey
Junior Extension - Frankie Hight
Senior Extension - Abigail Dovey

Skill Development

Monday GymFun – Layla Mae Taipari
Thursday GymFun - Harlow Macaw
Monday GFA Rec - Mackenzie Read
Thursday GFA Rec - Elizabeth Shelling
Teen Class - Keanna Easton
Junior Extension - Zara Johnson
Senior Extension - Teigan Lange

Most Outstanding Gymnast

Monday GymFun - Frankie Briggs
Thursday GymFun - Molly Thomason
Monday GFA Rec - Javanna-lee Metekingi
Thursday GFA Rec -Caitlyn Kenny
Junior Extension - Lily Roath
Teen /Senior Ext - Ellie Johnston

Club Trophy Winners

Spirit of Gymnastics

Naomi Basson

Skill Development

Teigan Lange

Most Outstanding All Round Gymnast

Isabella Maclaurin

Most Outstanding Gymnast

Ellie Johnston

Coaching Excellence

Janet Mischewski